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**Inside
This Week**

Joint marine enforcement
during Sointula fish derby.
... [Page 2](#)

Celebrate Literacy
Month during Fall Fair.
... [Page 3](#)

Alert Bay Mayor not
seeking third term.
... [Page 5](#)

Tap and live music com-
ing to North Island.
... [Page 7](#)

Tri-Port Wild player
makes an Impact!.
... [Page 8](#)

Island western Canada's
surgical robotics leader.
... [Page 12](#)



Foraging For Seafood

Photo — Robin Quirk, Robin's Eye Photography

Black Oystercatchers are loyal mates and sometimes remain in pairs for much of their 15 to 22-year lifespan. Limpets appear to account for around 60 per cent of their diet.



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BC Timber Sales Seaward-tlasta

INVITATION TO COMMENT – FOREST OPERATIONS MAP

The public is invited to review and comment on the BC Timber Sales Seaward-tlasta (TST) Forest Operations Map 3390, showing proposed road construction and cut block development under Forest Stewardship Plan #1000, within Forest Development Units in the North Island-Central Coast Forest District. The map will be valid for the operating period from **October 1, 2026 – September 30, 2029**. During the operating period, the Timber Sales Manager may invite applications for Timber Sale Licenses for the harvesting of cut blocks shown on the map and apply for road permits to construct roads shown on the map.

The map is available for public review and comment online at: fom.nrs.gov.bc.ca/public/projects

The map is also available for in-person review and comment by appointment, Monday to Friday from 8:30 a.m. to 4:30 p.m., at:

BC Timber Sales Seward-tlasta
2217 Mine Road,
Port McNeill, B.C.
Telephone: 250 956-5000

Comments will be accepted from **September 1 – October 1, 2026**. Comments may be submitted directly through fom.nrs.gov.bc.ca/public/projects, emailed to TSTFOM@gov.bc.ca, delivered in person at the address above during the hours listed above, or mailed to:

BC Timber Sales Seaward-tlasta
Attn: Tricia Ewen
Box 7000,
Port McNeill, B.C. V0N 2P0

If you have questions and comments or require assistance, please email: TSTFOM@gov.bc.ca



Photo — Submitted

During the annual Salmon Days fishing derby Aug. 22-23, officers from the Port McNeill RCMP, Fisheries and Oceans Canada (DFO), and the BC Conservation Officer Service (BCCOS) joined forces to conduct a coordinated marine enforcement operation in the waters surrounding Port McNeill and Malcolm Island.

Joint marine enforcement operation conducted during Salmon Days

During the annual Salmon Days Fishing Derby, officers from the Port McNeill RCMP, Fisheries and Oceans Canada (DFO), and the BC Conservation Officer Service (BCCOS) joined forces to conduct a coordinated marine enforcement operation in the waters surrounding Port McNeill and Malcolm Island.

The joint operation utilized both DFO and RCMP vessels, allowing officers to conduct patrols throughout the area and engage directly with boaters participating in the busy fishing weekend.

Throughout the operation, officers stopped and checked numerous vessels to ensure compliance with applicable fishing regulations, boating safety requirements, and other federal and provincial legislation. Officers also took the opportunity to speak with boaters about responsible fishing practices and safety while operating on the water. Multiple violations were identified during the patrols, resulting in officers issuing a number of violation tickets and enforcement actions.

The operation provided an opportunity for the three agencies to combine their respective resources, authorities, and expertise while maintaining a visible enforcement presence during one of the area’s popular fishing events. Joint initiatives such as this help promote safe boating, responsible fishing, and the protection of British Columbia’s natural resources, while strengthening cooperation between enforcement agencies serving North Vancouver Island.

The RCMP, DFO, and BCCOS would like to thank the many boaters who were found to be operating safely and responsibly, and who took the time to speak with officers during the patrols.

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Celebrate Literacy Month at the Fall Fair

By Trish Weatherall

This September, Mount Waddington Family Literacy Society (MWFLS) celebrates Literacy Month with a free book for children and fund-raising fun at the Mount Waddington Regional Fall Fair.

Now in its 13th year led by Decoda Literacy Solutions, September's Literacy Month aims to raise awareness, raise funds, welcome new volunteers and support local literacy programs in British Columbia.

"Children with access to books and reading at home are more likely to succeed in school - and life," said MWFLS Executive Director Jessica Brown. "Stop by our booth to say 'hi'! Children can pick out a book to take home and try some fun activities; adults can buy the softest Merino wool Literacy Socks and talk to us about our free community learning programs and volunteer opportunities."

Fall Fair activities and a

free book for children

Visit the MWFLS table at the Mount Waddington Regional Fall Fair on Sept. 12 and 13 at the Port Hardy Recreation Centre.

- Every child attending can choose a new book to take home!
- Pick up a colouring page.
- Find out about free learning programs for all ages.
- Buy a pair of fund-raising Literacy Socks.
- Learn about volunteer and job opportunities.
- Fun activities.

Volunteer opportunities

Literacy Month is a great time to join MWFLS' team of volunteers!

- Coach adult learners on a variety of skills, from reading to technology to budgeting. Contact Jeanne James-Hory for more information at adult.literacy@mwfamilyliteracy.org.
- Tutor local elementary students. Contact Kelly Anderson for more information at literacy.outreach@mwfamilyliteracy.org.

Hiring teens as tutor-mentors

Help elementary school students improve their reading skills through the Fostering Literacy program. Contact Kelly Anderson for more information at literacy.outreach@mwfamilyliteracy.org or text 250-858-2782.

Why Literacy Matters

- More than 700,000 British Columbians face literacy challenges.
- Strong literacy skills reduce poverty, improve health outcomes, and lower crime rates.
- Children with access to books and reading at home are more likely to succeed in school - and life.
- A one per cent rise in literacy rates can boost Canada's productivity by three per cent.

Give the gift of literacy

Your donation will help provide books, literacy programming and other supports that directly benefit North Vancouver Island communities. You can choose a specific area to support. Visit canadahelps.org/en/charities/mwliteracynow secure website to donate online or contact Executive Director Jessica



Photo — Mount Waddington Family Literacy Society

Mount Waddington Family Literacy Society invites you to celebrate Literacy Month at the Mount Waddington Regional Fall Fair. (L-R: Adult Literacy Coordinator Jeanne James-Hory, Executive Director Jessica Brown; Literacy Outreach Coordinator Kelly Anderson.

Brown at ed@mwfamilyliteracy.org

The Mount Waddington Family Literacy Society

works with communities, schools and organizations to support literacy and learning for all ages on North Vancouver Island. Visit the MWFLS website to learn about their free programs at: mwfamilyliteracy.org.

Film Festival to feature 20 flicks

The North Island Film Fest is back Sept. 5 with 20 films celebrating local voices, creativity, storytelling, and the joy of coming together as a community.

Best of all, tickets are free!

The festival experience begins before the doors officially open at 6 p.m. Guests are invited to gather in our outdoor lounge, where there will be food, music, and dancing to create a warm and welcoming atmosphere for everyone arriving.

"Bon Appetit will be joining us with a food table, Rodrigo Morales will bring live music, and local dancers will help get the celebration moving. The goal is to create a space that feels fun, relaxed, and connected — a chance for neighbours, filmmakers, families, and film lovers to gather and enjoy the community before the screenings begin," said Executive Producer Logan Alexander.

With 20 films on the program, there is something for everyone, and we're excited to share another year of stories with the North Island community.

Come early, grab a bite, enjoy the music and dancing, and get ready for an evening of film and community.

Tickets are free, but reservations are required. Search North Island Film Fest on Eventbrite to reserve your spot.



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editorial



Photo — Robin Quirk, Robin’s Eye Photography

Mama Sea Otter and her three babies are back together after a fishing net almost cost one of them its life in Alert Bay.



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— Our beautiful First Nation’s eagle (kwikw) courtesy Nakwaxda’xw artist Davis Henderson
Cover eagle photo James O’Reilly
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Photography/Ad Design

Alert Bay Mayor is not seeking reelection

By Kathy O'Reilly

Alert Bay Mayor Dennis Buchanan will not be running in the October 17 municipal election.

"If I did another term, I would be 83 when the term was up," said Buchanan of one of the reasons for his decision.

Buchanan is finishing his second term as mayor. "I did a stint on council before that. I was on the fire department from 1972 onward, and I was also the local assistant to the Fire Commissioner up until last year when they went from the Fire Services Act to the Fire Safety Act and I was Unit Chief on the ambulance for over 20 years," he explained. He was also involved with the Royal Canadian Legion.

As mayor, Buchanan is also the Village of Alert Bay's representative on the Regional District of Mount Waddington Board of Directors and health boards.

"I think I've done my service to the community. I just want to start being able to enjoy myself and just wake up some morning and say to Dixie let's throw some clothes in the bag and let's do a road trip somewhere and not have to worry about meetings or investigations or you know, whatever," he said.



Alert Bay Mayor Dennis Buchanan

"The people of Alert Bay made me feel a part of the community when I first arrived here in 1970. I have always felt that if you are going to live in a community get involved in one way or another to make the community a better place to live."



DISTRICT OF PORT HARDY PUBLIC NOTICE DISPOSITION OF MUNICIPAL LAND



In accordance with Section 26 of the *Community Charter*, the District of Port Hardy hereby gives notice of its intention to dispose of an interest in land by way of lease.

The District proposes to enter into a lease agreement with Guy and Louise Massey for the use of municipal property legally described as:

**SECTION 06, TOWNSHIP 6,
RUPERT DISTRICT, VIP29205
Civic Address: 5945 Hunt St.,
Port Hardy, BC**

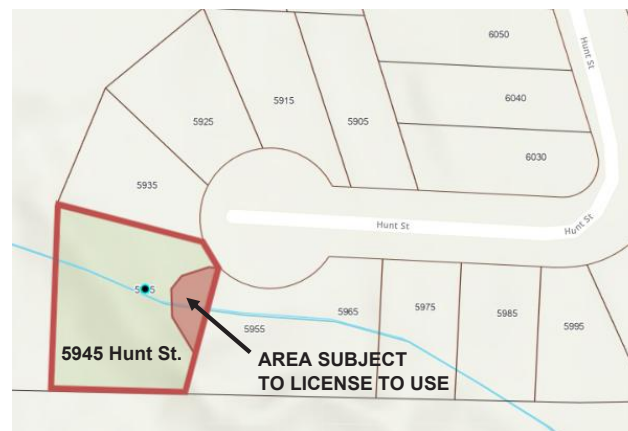
The subject property, located at 5945 Hunt St. is intended to continue to be used as park land.

The proposed lease will authorize the Guy and Louise Massey to manage and maintain a 141.5m² site and the existing site improvement.

The lease is anticipated to be for a term of five years, with the option to renew, with a annual rent of \$300.00 or as determined based on current year taxation.

This notice is being published for two consecutive weeks in accordance with the *Community Charter*.

For more information, contact:
Louisa Bates, Manager of Corporate Services
Phone: (250) 949-6665 Email: general@porthardy.ca



WESTERN Forest Products

Western Forest Products Inc.
Central Island

Forest Operations Map (FOM)

Western Forest Products Inc., Central Island, gives notice and invites comment on the Forest Operations Map (FOM) 646-016 within the North Island – Central Coast Natural Resource District.

FOMs show the approximate location of proposed cutblock(s) and/or road(s) and may be relied upon for the purposes of cutting permit and/or road permit application until **September 4th, 2029**.

The FOM can be viewed and commented on from **September 4th, 2026, to October 5th, 2026**. Comments can be accepted through our online form, email (FOM-ENG@westernforest.com), in person at the address above, or by mail at 5000 Railway Ave, Woss, BC, V0N 3P0.

Please visit www.westernforest.com/fom-centralisland/ to view the FOM online and provide comments digitally. After making an appointment, the FOM can be viewed at our place of business between the hours of 8 am to 4 pm, excluding weekends and holidays. Please book the appointment through email (FOM-ENG@westernforest.com).

By providing comments on the FOM through any of the above forums, you acknowledge and consent to the use of any such information provided to Western to conduct, monitor and analyze our business operations. We may share such information with third parties, including government agencies, during the course of our business operations. Please refer to Western's Privacy Policy at www.westernforest.com/privacy-policy/ for more information.

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LOCAL ENTERTAINMENT

North Island

Restorative sleep: The pathway back to balance

By Susan Holbrook

I wrote some time ago about some of the reasons we have difficulty sleeping. Here's a refresher.

There are three patterns of sleep loss: those who can't fall asleep, those who can't stay asleep, and "sleep neurotransmitters".

What's interesting about these patterns is that each of them is directly or indirectly influenced by insulin and cortisol.

When someone has difficulty falling asleep, they have hyper-cortical function. Some of the other symptoms of cortisol excess are depression, bone loss, fatigue, weight gain in the waist, loss of muscle mass, etc. Those who can fall asleep but can't stay asleep is because a person's blood sugar gets so low that their adrenals give a little shot of glucocorticoids to maintain blood sugar levels and that little bit is all they need to wake up. A protein shake at bedtime would be worth trying.

The third pattern refers to neurotransmitter imbalances. The dance of the hormones and neurotransmitters is so in-

terconnected. If the excitatory neurotransmitters don't have adequate inhibitory factors, sleep or relaxation is difficult. Serotonin is one of the main inhibitory NT. The use of 5-HTP with the cofactors necessary to make serotonin is a great base.

So, basically, if supporting the adrenals and blood sugar doesn't help, then I would try 5-HTP. Just one in the morning and one before bed.

Every night, the body enters one of its most biologically active periods. Sleep is an essential biological process that coordinates recovery across the nervous, endocrine, immune, metabolic, and gastrointestinal systems. While we sleep, hormones are re-calibrated, immune function is regulated, memories are consolidated, tissues are repaired, and the brain clears metabolic byproducts accumulated daily. These processes restore biological balance and support the body's ability to adapt to future stressors.

Restorative sleep is shaped by daily biological signals, including nutrition, light exposure, movement, emotional

experiences, and social connection, which help regulate the systems involved in circadian timing, stress adaptation, and recovery.

Circadian alignment depends on consistent timing cues such as morning light, regular wake times, meal timing, and reduced evening light exposure, which help coordinate cortisol, melatonin, metabolism, immune activity, and sleep-wake rhythms.

Sleep and metabolism influence one another: insufficient sleep can impair glucose regulation, appetite hormones, and insulin sensitivity, while late or irregular eating may disrupt circadian metabolic signaling.

The gut-brain axis connects microbial metabolites, immune signaling, vagal communication, and circadian pathways, making gut health part of the broader biological network that influences stress adaptation and sleep quality.

Strengthening the systems involved in adaptation and recovery supports the body's capacity to return to balance and maintain long-term physiological health. So, getting enough protein, eating whole foods, avoiding too much sugar and processed foods will go a long way to promoting better sleep. I like Good Protein brand powder which comes in a variety of flavours and is easy to take so try that at night and see if your sleep is any better. Changing habits is never easy but may be necessary to achieve restorative sleep.

Please contact me at 778-788-4325 for more information.



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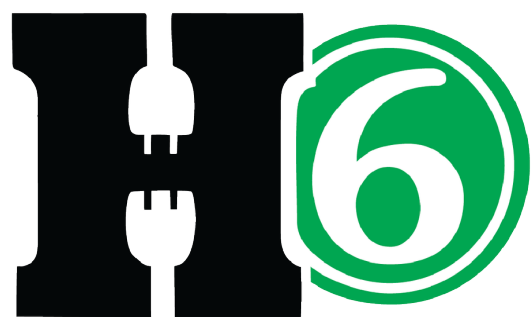
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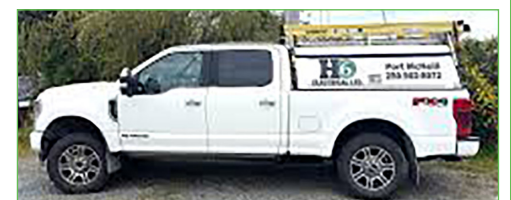
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Tap and live music coming to the North Island

BC Movement Arts Society is presenting 'IN CONVERSATION' a vibrant collaboration between one of Canada's top tap dancers Danny Nielson and pianist/percussionist Kristian Alexandrov with bassist Miles Hill.

Performances will be held Thursday, Sept. 17 at Port Alice Community Centre at 7 p.m., Friday, Sept. 18 at the FO Hall in Sointula at 7:45 p.m., and Saturday, Sept. 19 at the Gate House Theatre in Port McNeill at 7:30 p.m.

Tap dance star Danny Nielsen's vibrant collaboration with renowned Bulgarian pianist/percussionist Kristian Alexandrov 'In Conversation', delves into the symbiotic relationship between tap and jazz.

With Miles Hill on bass 'In Conversation' is a fresh take on a beloved art form: a wonderful celebration of tap and musical artistry. Touching on new takes of old standards, and original music, the two co-create a performance drawing on everything from traditional and contemporary jazz to R&B, hip hop and rock.

Danny Nielsen is one of the leaders of tap dance in Canada. His prolific technical skill and musical sensibility launched him on to the international stage at age 23. Danny has taught and performed at many national and international tap festivals and was an integral part of Vancouver based dance company Radical System Art's (Shay Kuebler) production Telemetry. The show was a hit and toured for over 3 years at notable venues such as the National Arts Centre in Ottawa, Place Des Arts in Montreal and White Bird Dance Series in Portland. Danny has cre-

ated several self-produced projects including sold out runs of his newest creation 'In Conversation' with Bulgarian pianist/percussionist Kristian Alexandrov, directed by Houston's Matt Shields.

Originally from Sofia, Bulgaria, Vancouver-based recording artist Kristian Alexandrov is an accomplished, versatile and sought-after pianist, drummer, composer & producer with a burgeoning list of industry honours, high-profile collaborations and lauded international performances to his credit.

Kristian grew up in a family of musicians who revered and celebrated music. Kristian's natural ability, extensive music training and passion for performance enabled him to tour throughout most of Europe before he was out of his teens. His ability to effortlessly move between different musical styles has earned him a reputation as a leading figure in Canada's music scene, where he has been active since 1995.

Onstage Kristian has worked alongside some tremendous and renowned Canadian and International artists, including: Warren Hill, James Ehnes, Measha Brueggergosman, Jackie Richardson, Wycliffe Gordon, kd lang, The Tenors, Senator Tommy Banks, All Star Brass, Danny Nielsen, Order of Canada Big Band, Akaga, Tom Jackson and Decidedly Jazz Danceworks and Youth Singers of Calgary. Kristian is a long-standing musical director and collaborator for acclaimed trumpeter Jens Lindemann & Acoustic Soul recording artist Shannon Gaye.

Miles Foxx Hill is a bass-

ist, recording engineer, and composer. As an electric and acoustic bass player, he has worked with some of the world's biggest music names including Van Morrison, Michael Buble, Chad Kroeger of Nickelback and the Brazilian jazz superstar Ivan Lins. Miles is known for his profound sense of time, unique arrangements and diverse musical styles. He has played on over 600 recordings that cover the musical spectrum, from jazz, funk, and tango to country and rock.

To reserve please email: movementartsbc@gmail.com, or call: 604-970-3206. Tickets are \$25 (adults) \$15 (students) and children 13 yrs and under Free.

For information and discounted Group rates for eight or more please call Mary-Louise Albert at 604-970-3206 or email: movementartsbc@gmail.com

Tickets are also available at the door for all shows (but people are encouraged to reserve).



Photo — Submitted

'In Conversation', presented by BC Movement Arts Society in three North Island communities, delves into the symbiotic relationship between tap and jazz.

The North Island Eagle...
because everyone needs
some good news

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North Island Farmers
& Artisans Market



2026 Market Schedule

Port McNeill - IGA Plaza

• Sept. 5 • Sept. 19

Port Hardy - Carrot Park

• Sept. 20

Port McNeill Markets
Saturdays - 10 a.m.-1 p.m.

Port Hardy Markets
Sundays - 11 a.m.-2 p.m.

North Island **Reflections**



A Great Blue Heron having a bad hair day. Photo by Robin Quirk, Robin's Eye Photography. If you have a photo you would like to share with our readers please email publisher@northislandeagle.com.

This week's Reflection sponsored by ...

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Tri-Port Wild player makes an Impact!

Tri-Port Wild U18 player Skylar Mintz has earned a spot on the Female Regional U18A "North Island Impact" team for the 2026/2027 season, an exciting achievement for one of Port McNeill's dedicated young athletes.

The North Island Impact female team is comprised of 15-18 year old players from Nanaimo, Oceanside, Courtenay/Comox, Campbell River, Powell River, Cowichan, Lake Cowichan, and Tri-Port.

As the only competitive female U18A team representing the central coast and mid/north Vancouver Island, the Impact brings together athletes from across the region who travel extensively to practice and compete against mainland U18A teams throughout the season.

Many residents will recognize Skylar from far beyond the rink. From her years performing at Portside Academy showcases to teaching swimming lessons at the local pool, she has become a positive role model for kids across town.

Skylar's development within the Tri-Port Wild program has been supported by committed head coaches, assistant coaches and on-ice helpers whose guidance has helped her grow. As the 2026/2027 hockey season approaches, Tri-Port Minor Hockey is encouraging families to get their players registered and keep them active this fall.

The association offers recreation, competitive, and female hockey programs, ensuring opportunities for every skill level and interest.

For new players, Tri-Port offers its popular "Skate for 5" program five ice ses-



Photo — Submitted

Tri-Port Wild U18 player Skylar Mintz has earned a spot on the Female Regional U18A "North Island Impact" team for the 2026/2027 season.

sions for \$75, giving kids a chance to try hockey before committing to a full season. Equipment from a well stocked gear locker may be available on loan, subject to availability and sizes.

Tri-Port Minor Hockey is committed to making hockey accessible to all families, with financial assistance available to help remove barriers to participation. The association's mission is clear: to inspire and support youth through sport by cre-

ating a safe, inclusive, and fun environment that builds confidence, teamwork, and healthy lifestyles.

With the season just around the corner, Tri-Port encourages families to register now and get their kids involved in one of the region's most rewarding youth sports communities. Families can find full program details, registration information, and contact links at www.triportohockey.ca.

Island western Canada's surgical robotics leader

The Victoria Hospitals Foundation (VHF) has announced the successful completion of Phase II: It's Time for Surgical Evolution, a \$21-million campaign that is transforming surgical and cancer care at Royal Jubilee (RJH) and Victoria General (VGH) hospitals and positioning Vancouver Island among Canada's leaders in surgical innovation.

As a result of Phases I and II, RJH and VGH are now home to the first three robotic surgical systems on Vancouver Island: two da Vinci surgical robots and a Mazor X neuro-surgical robot.

Launched October 2025, the campaign phase reached its goal this summer, accelerating the adoption of advanced, minimally invasive surgical technologies that are changing how care is delivered across the Island's referral hospitals.

Together, the first two phases of the It's Time campaign have raised more than \$38 million for surgical innovation.

"This campaign has fundamentally changed the trajectory of surgical care on Vancouver Island," says Avery Brohman, CEO of Victoria Hospitals Foundation. "What began as an ambitious vision has become a defining moment in the history of health-

care on Vancouver Island. Together, generous donors, visionary surgeons, dedicated nurses, servant volunteers, and hospital leaders have helped establish one of Canada's most advanced surgical innovation programs, bringing new technologies, new procedures, and new possibilities to patients close to home, in both women's and men's health."

Since the first da Vinci system was operationalized at RJH in February 2025, followed by the two additional robotic platforms at VGH in March 2026, local surgical teams have performed more than 800 robotic procedures across seven specialties.

Today, Victoria is Western Canada's first Robotic Centre of Excellence and home to one of Canada's most comprehensive multi-specialty robotic surgery programs. Increasingly, procedures once available only at larger centres are being performed right here on Vancouver Island, allowing many patients to recover faster, return home sooner, and in some cases be discharged the very same day instead of spending three to five days in hospital. Surgeons continue to achieve significant milestones, including BC's first robotic-assisted emergency surgery, BC's first

robotic colectomy, and Western Canada's first collaborative robotic procedure involving the removal of multiple organs.

Alongside these robotic platforms, donors to the Foundation also funded more than 100 physician-prioritized surgical and oncology technologies through Phases I and II, expanding what is possible for patients across RJH and VGH. Many of these innovations are already in use, enabling new procedures that were previously unavailable on Vancouver Island, improving surgical precision, and helping patients access leading-edge care without leaving the region.

Investments are helping attract and retain exceptional talent, with five new surgeons already joining RJH and VGH as a direct result of innovation within the surgical landscape.

"For many years, there was an assumption that the most advanced healthcare innovations would emerge only from Canada's largest centres. Today, healthcare leaders are paying attention to what is happening on Vancouver Island and looking to our community as an example of what can happen when philanthropy is deeply integrated into the advancement of care," Avery

Brohman, CEO of Victoria Hospitals Foundation adds. "My team and Board of Directors join me in thanking every donor who has shared in our

vision. The future of health-care on Vancouver Island is stronger because of you."

While celebrating this milestone, VHF is already prepar-

ing to share the third and final chapter of the It's Time campaign that promises to be just as transformational as Phases I and II.



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Jennifer DeToro Sensei, 6 Degree Black Belt/C Level Instructor/ level Examiner/ B Level Judge & Referee Members of I.S.K.F.



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Boats

Sail Kit for Walker Bay Dory - used twice - Like new - \$350.
250-284-3365

14-foot Glastron fibreglass boat, seats four, 40hp Suzuki, 40hp trolling motor, four life jackets, downriggers, hand-held marine radio and more. \$5,000.
250-281-2281

LUND WC-14 boat c/w 9.9 Johnson motor, trailer, seats, oars, rod holders, NAV lights and more. Asking \$7,800.
250-956-3300

3288 Bayliner, twin 4-cylinder diesels. \$25,000.
250-306-4417

Canoes

Sportspal 14-foot, square stern canoe. Weighs 47 pounds. Custom rod holders, side motor mount, and outriggers. Asking \$2,000 firm.
250-230-5290

Cars

Brand new Geo electric vehicle. Paid \$11,000 sell for \$7,000.
250-902-9013

Fishing

Vintage Daiwa sealine Model SL24RS 7-foot fishing rod with 7 eyes, two of them are broken. Comes with an Alvey fishing reel, nine-inch spool, Model number 925-A52. \$150.
250-949-0118

Alvey knuckle buster fishing reel. Has a five-inch spool. \$50.
250-949-0118

Your classified ad here Free.
250-949-0337

Fishing

Vintage aluminium p.f. lugger, Pakron, model number 3178 fishing reel with a 5-and-a-half-inch spool. Works excellent. \$75.
250-949-0118

11ft3in. Lamiglas steelhead fishing rod. Mint condition. \$225 firm.
250-902-8413

Furniture

Massage chair. Paid \$3500 for it. Want \$2000. Like new. 250-284-3261

Power recliner, approximately five years old, seldom used, brown. Like new. Paid \$1,300 will sell for \$450.
250-949-7504

Miscellaneous

2 running boards from F150, good condition, \$50.
250-956---3601

Plain Jane gillnet mending bench. Good for decoration in the garden. \$20.
250-949-0118

Motorhomes

1993 Ford E350, 24-foot Citation Supreme motorhome, Class C. Asking \$13,500 or reasonable offer.
250-956-3660

2015 Jayco Jay Flight 32 RLDS elite. Front bedroom, electric fireplace, ac, no leaks. Only used about a total of a month. Been stored under cover. Needs new awning cloth and motor. Some cabinet doors are defective from factory have been replaced with tension rods but do have the doors also. Sewer hookups, BBQ and cleaning supplies included. \$23,000 OBO.
250-949-1744

Everlite travel trailer, 8x26 foot, 1 slide out, excellent condition inside and out. Everything works. New awning. Asking \$18,500 or will trade for Ford F150 of equal value.
250-510-7799

Coming Events

PORT MCNEILL

MEN'S SHED

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Are you looking to add more purpose, and excitement to your day?

Thursday's at 7:00 PM

Port McNeill Old School

Services

Red seal journeyman electrician looking for small, residential jobs. 30+ years experience. Reasonable rates. All quotes are free. Call Jesse.
236-255-2238

PALMISTRY, TAROT AND PSYCHIC READINGS with Roxanne. Clear and concise help in all areas of your life. Sessions available by phone or in person (Malcolm Island). Healing-Search.com
604-902-3881

Local 3D printing in Port McNeill.
403-620-0033

Electric yard art and landscaping services. Specializing in outdoor feature lighting, water ponds, custom garden fountains and waterfall features, underground sprinkler systems, drainage pipes, fencing repairs, raised garden beds, greenhouses, walkways, landscaping maintenance and waste removal. Consultations and design quotes are free.
236-255-2238

Sporting Goods

Advance Element inflatable double Kayak, asking \$375.
250-973-6294

Photon Lightspeed Kayak with all the extras: \$1200.
778-614-2488

2 new oars for a rowboat. Approximately 6.5 feet long, with swivels. \$100 for pair.
250-956-2246
250-230-0745

Election Workers



REGIONAL DISTRICT OF MOUNT WADDINGTON

2026 GENERAL LOCAL AND SCHOOL DISTRICT ELECTIONS

ELECTION OFFICIALS NEEDED

Paid temporary opportunities • Training provided • Serve your community

The Regional District of Mount Waddington is recruiting reliable, community-minded individuals to support advance and general voting for the 2026 elections. Previous election experience is welcome but is not required for Election Official positions.

ELECTION OFFICIAL \$350 per voting day	PRESIDING ELECTION OFFICIAL \$450 per voting day
--	--

Mandatory training is paid. Approved election travel or mileage will be reimbursed in accordance with RDMW policy.

WHAT YOU WILL DO Set up and close the voting place Welcome and assist electors Verify eligibility and register electors Issue ballots and maintain accurate records Reconcile and count ballots after voting closes	WHAT WE NEED At least 18 years old and legally entitled to work in Canada Neutral, non-partisan and able to maintain confidentiality Dependable, courteous and comfortable working with the public Able to follow written procedures and work an extended shift Able to attend mandatory training in late September
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DATES AND LOCATIONS

Staff may be assigned to advance or additional voting opportunities between October 7 and 15, 2026, and/or General Voting Day on Saturday, October 17, 2026. General Voting Day shifts are expected to run approximately 7:00 a.m. to 9:30 p.m., including setup and ballot counting.

Potential locations include Port Hardy, Alert Bay, Port Alice, Port McNeill, Woss, Quatsino, Hyde Creek, Coal Harbour, Winter Harbour and Sointula. Final locations remain subject to election requirements and confirmation with participating election authorities. Applicants may indicate the communities and dates for which they are available.

APPLY BY 4:00 P.M. ON FRIDAY, SEPTEMBER 18, 2026

Send your name, home community, phone number, email address, preferred locations, available dates, position of interest and any previous election experience to:

elections@rdmw.bc.ca

or deliver to 2044 McNeill Road, Port McNeill, BC

Questions: 250-956-3301 | elections@rdmw.bc.ca

Appointments and location assignments depend on where elections by voting are required. Some positions may not be needed if offices are filled by acclamation. Only selected applicants will be contacted.

Tires

4 Altimax tires – Artic, M+S, with the snowflake. 265/75R-16 inch. Radial, tubeless, 6-ply tread, balanced, on rims, no leaks, and at least 50% tread life left. Came off a 2007 Nissan Xterra. \$50 each.
250-949-0118

Tools

Black and Decker 3-inch by 21-inch Dragster belt-sander. Never been used. Cost \$125. Sell for \$60.
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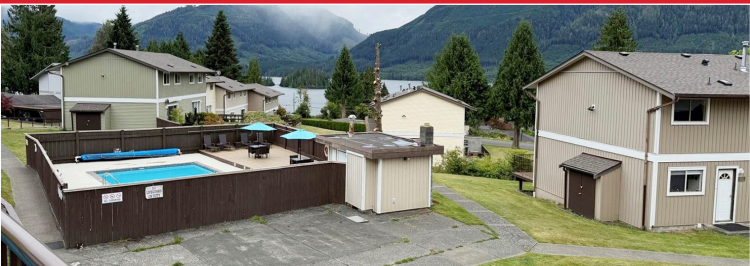
RESIDENTIAL & COMMERCIAL OPPORTUNITIES

903 Maquinna Avenue, Port Alice \$149,000 MLS® # 1033413



Discover the perfect blend of affordability and natural beauty in this spacious 3-level townhouse. Evergreen Terrace is a well maintained strata and this unit offers a park-like setting. The main floor features a nice size kitchen and a living area that flows onto a private patio - the ideal spot to take in the lush grounds, mountains and a peek-a-boo ocean view. With three bedrooms upstairs and a full 4-piece bath, there is room for family or guests. The unfinished basement is a blank canvas awaiting your ideas. Includes covered parking.

404 Haida Avenue, Port Alice \$220,000 MLS® # 1048220



This 3-bed, 2-bath townhouse comes partially furnished, spans three levels and offers great views of the ocean, surrounding mountains and the pool for strata owners & guests only. Expanded deck, accessed through new sliding glass doors. Downstairs is the large unfinished laundry/utility room, family room with walk-out access to the covered patio, and a short walk to the seasonal outdoor pool! Recent upgrades include new furnace, hot water tank, 2 thermal sliding doors and storm door ensuring year-round comfort and peace of mind.

1841 Mine Road, Port McNeill \$932,000 MLS® # 1048406



5.51 acres zoned M-1 light industrial in Port McNeill. This lot is very accessible, cleared, fairly flat with great visual exposure and ready to be put to use for many potential businesses. Zoning allows for auto body/repair, automotive sales/repair, lumber yard, garden center/nursery/greenhouses, manufacturing or processing, restaurant, storage, warehousing and more.



Johan Olsen
Cell: 250-209-9667



Sandra Masales
Cell: 250-902-9271



Ronnie (Veronica) Sam
Cell: 250-527-0036

SOLD — 5060 Beaver Harbour Road, Port Hardy

To view all our listings go to porthardyrealestate.net